



BOOTCAMP SCHEDULE



	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 - 11:00	-	-	-	-	-	Bootcamp (Strength and Total Tone)
18:00 - 19:00	Bootcamp (Strength and Total Tone)	-	Bootcamp (Strength and Total Tone)	-	-	-

All outdoor classes are streamed live on Zoom for home workouts